



# Sleeping Child Policy

We are happy to accommodate any sleeping children where they may need a nap during the day or might have a temperature due to illness for instance.

We will discuss any sleep routines/needs for the child with the parents so we can work together.

When a child wants to sleep or falls asleep, we will place them in our quiet book corner and lay the child on a fold away mattress bed with a fitted sheet and a soft cellular blanket if necessary. If the child has a comforter such as a dummy, mussy, blanket or soft toy, we will give this to the child.

A member of staff will be present with the sleeping child at all times.

We will record on our Sleeping Record chart – The Child's name and DOB, Sleep Time, Wake time, Total Nap Time and it will be signed by a member of staff and by the parent/carer at pick up time so they will be aware the child had a sleep and how long for on the day.

After each child has used the bed, we will wash the sheet after each use and wipe the mattress down to sanitise it for next use.

This policy was adopted by Kingfisher Kindergarten Ltd

Date to be reviewed	Annually
Signed on behalf of the provider	La-Ryne van der Westhuizen
Role of signatory	Owner